



ROMSEY PRIMARY SCHOOL HEALTH POLICY

Rationale:

Health Education provides students with knowledge, skills and behaviours to enable them to achieve a degree of autonomy in developing and maintaining their physical, mental, social and emotional health. It focuses on the importance of a healthy lifestyle and physical activity in the lives of students.

Goals:

- To develop and promote the following key concepts and skills:
- Human development
- Development of identity
- Safety
- Health and hygiene promotion
- Healthy eating

Guidelines:

- Programs that recognise participation for all students
- Programs and special events which encourage the participation of students, staff and parents in physical activity.
- Programs that reflect DET initiatives.
- The promotion of health to the wider school community.
- Active promotion of the You Can Do It program across the school and the wider community
- Support teacher professional learning in the area of health.
- The use of programs and resources that address issues of health.
- Encouragement of healthy eating habits throughout the school.
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Evaluation:

This policy will be reviewed as part of the school's three-year review.

Date Ratified by School Council: August 2015

Review Date: 2018