



ROMSEY PRIMARY SCHOOL PHYSICAL SPORTS EDUCATION POLICY

Rationale:

Physical Education promotes an understanding of the importance of physical activity and a healthy lifestyle. This program focuses on movement, fitness, physical activity, teamwork and sportsmanship.

Goals:

- To develop fundamental motor skills in all students to enable participation and success in physical activity.
- To encourage positive attitudes toward participation in all components of the Physical Education program such as dance, ball handling, athletics, gymnastics, sport, basic movement, outdoor education and recreation).
- To increase student, parent and teacher knowledge and skills in accessing information, products, resources and services that promote participation in physical activity.

Guidelines:

- Inclusive participation for all students.
- Special activities and events will be held which encourage the participation of staff and parents in physical activity such as whole school cross country and athletics events
- DET initiatives will be implemented.
- Where possible, school timetabling to reflect DET guidelines
 - Years P-2 - 2 hours per week.
 - Years 3-6 - 3 hours per week.
- Active promotion and support of teacher professional development in the area of physical education.
- Partnerships with the wider community in the areas of physical activity, sport and active recreation such as clinics held at school by special guests and greater use of the Romsey Oval.
- Involvement in district, division, region and state sport competitions wherever possible.

Evaluation:

This policy will be reviewed as part of the school's three-year review.

Date Ratified by School Council: May 2015

Review Date: 2018